



THE CONSULT

WELCOME BACK FAMU COPPS, IPH

We are The Consult, the official newsletter for the Student Society of Health Pharmacy (SSHP) at Florida A & M University. Important updates from SSHP, FSHP, and ASHP will be found in the pages of this newsletter curated for your professional development. We would like to wish all students, staff, and faculty a warm welcome back to campus, for this new 2021-2022 school year.

E-BOARD MEMBER INTRODUCTIONS

Here is our phenomenal Executive Board and Advisor for the 2021-2022 school year!

INSIDE THIS ISSUE:

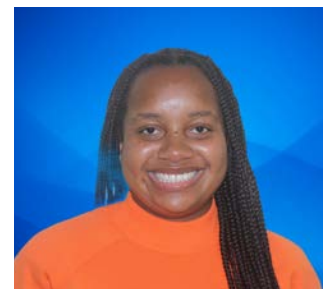
1. E-Board Introductions
2. Monthly Spotlights: Staff, Students, and Pharmacist
3. FSHP Conference Experience
4. Counseling Corner
5. Professional Development Tip
6. Updates from SSHP, ASHP, and FSHP



**PRESIDENT
BRITTANY LOMAX**



**VP OF COMMUNICATIONS
KHAYLA RODRIGUEZ**



**VP OF PROGRAMMING
CYNTHIA ADME**



**TREASURER
TANYA JOSEPH**



**POLICY CHAIR
SANTRA SIMON**



**SECRETARY
SYDNI NEWSOME**



**HISTORIAN
SOTERIA OMEKE**



**CRESTVIEW LIAISON
ASIA JONES**



**ADVISOR
SOHEYLA MAHDAVIAN**

MONTHLY SPOTLIGHT

We would like to take this time to commemorate our wonderful members of faculty and faculty/staff, SSHP, and fellow pharmacists who are actively working to help us as students, to better prepare for our future as Pharmacists.



STAFF/ADMINISTRATOR: DR. MILDRED PETTY BRICKLER

How long have you been with the university, and how long in your current position? I have been employed by the University for 29 years, 17 of those years have been in the College working in experiential programs.

What has been your most memorable experience at FAMU? Well, to be honest I consider myself to be one of the luckiest people in the Universe! The reason being is

because every time I call a medical facility/community pharmacy and speak to a pharmacist who just so happens to be one of “my graduates” it is a memorable experience! Why, because typically after I identify myself, the scenario goes something like this: “Oh hi Mrs. Brickler, this is “so and so”, I immediately acknowledge them as one of “my graduates”! Once we have the conversation about their career success story, and I ask if they will consider giving back to the College by precepting a student, just before we close this is usually what happens. They will pause and thank me for everything I did to help them when they were a student – so that’s why I am fortunate that my most memorable experience has been repeated over and over again! I say then for the many times this scenario has occurred, for that given moment, this personal interaction with that particular successful graduate is my most memorable experience!

What gives you a connection to your job and helps you define your purpose?

Over my lifetime, I have come to define one of my major strengths to be relationship building. Thus since everything about my job is based on building partnerships between the College and the student, the preceptor, and the College, and most importantly myself and the student, my purpose for what I do to execute my duties and responsibilities has always been quite simple – to establish strong partnerships that can be highly productive for the student and the College.



STUDENT PHARMACISTS: MARIE LEGER, JONATHAN YOUNG, LEIGHTON LEACHMAN, SAMARA CHIENYE, AND CYNTHIA ADME

Florida A&M University: College of Pharmacy students were sponsored to attend the 55th annual Florida Society of Health-System Pharmacists Conference down in Orlando, Florida this past August. For more information on our members experience please check out the student quotes section down below as well as our [website](#) and

and [Instagram account](#). Thank you again to these special 5 students for representing our school!



PHARMACIST: JAMILA RUSSEAU DONNAL, PHARM D OPERATIONS MANAGER, MAYO CLINIC SCHOOL OF GRADUATE MEDICAL EDUCATION

Where are you currently employed? Mayo Clinic

How did you find your way to where you are today? I spent 8 years in pharmacy administration and during that time was program director for the residency and clerkship. I

began ponder what my next steps were. I obtained a mentor outside my department. He was the current Chief Financial Officer. He connected me with an administrator and I did some stretch assignments and he is who eventually encouraged me to apply for my new role. It was a great fit and I'm glad I had someone to guide me in this direction.

What motivations fueled your career path? (Meet a need, inspire a team, life/family event, financial, explore, values/beliefs, learn/use a skill, advance, passion.) Definitely a need to try something different. When my job started to feel too routine and comfortable I knew it was time to move. I believe in leaving a job after you have given it your all then it's time to explore new areas. Also, education has always been my passion.

How do you approach each step in your career? Is there a mantra helps you transition to each new role? How do you learn about different parts of the business and what has been your most valuable skillset when doing so? My mantra is to always be authentic. I believe in staying true to yourself. I didn't move on immediately after I knew the season was up in my last role but I knew I needed to start to look for the next challenge. Just because you are excelling at something doesn't necessarily mean you should stay in that lane permanently. You should never get to the point where you are no longer growing and you should never allow yourself to get stuck in a particular box. Explore, learn new things. Be growth oriented.



Top: Marie Leger (Left), Jonathan Young (Right); | Bottom: Leighton Leachman (Left), Samara Chienye (Middle), Cynthia Adme (Right)

FSHP CONFERENCE EXPERIENCE

WHOLE NEW WORLD | EXPLORING UNCHARTED TERRITORY

This year the Florida Society of Health-System Pharmacists Conference was held in Orlando, Florida, with the topic, "Whole New World: Exploring Uncharted Territory. Five of our members had a sponsored opportunity to attend where they had the chance to network with pharmacists, residency directors, residencies, other pharmacy students, participate in multiple activities, and ultimately learn more about the field of pharmacy. If you are interested in being sponsored for the FSHP 56th Annual Conference please be on the lookout for more information.

STUDENT QUOTES:

"The experience at the FSHP Annual Conference was amazing! I was given the opportunity to network with many pharmacists, pharmaceutical companies representatives, and other pharmacy students from other schools throughout Florida. I met many people that were able to give me information that will help in my progression following the completion of my pharmacy program."

– Jonathan Young, P3

COUNSELING CORNER:

A patient is on chemotherapy and has a platelet count of 25,000. Which intervention is most important to teach this client?

- A. "Eat a low-bacteria diet."
- B. "Take your temperature daily."
- C. "Use a soft-bristled toothbrush."

PROFESSIONAL DEVELOPMENT TIP:

"Keep those around you and those you meet updated on what your interests and goals are. Networking works best when people understand what opportunities are well suited for you."

~ Madison Blagrove, P4

STUDENT QUOTES

(CONT):

"I learned that a pharmacist's role is truly important in the health field. I was able to listen to many different speakers who told their stories and gave their perspective on providing the best care to our patients."

– Samara Chienye, P4

For more student quotes visit our [website!](#)

SSHP UPDATES

SSHP 1st General Body Meeting - Tentative

We will be having our first general body meeting this October. Details regarding the meeting will be given at a later date. Come learn more about what this organization can offer you as well as learn how to secure that residency in the future!

SSHP Instagram

We have an Instagram account for the organization! If you have not followed please be sure to do so by clicking the link below for faster updates https://www.instagram.com/famu_ssnp/

ASHP UPDATES

AHSP MidYear 2021 Dec. 5-9, 2021:

MidYear is now virtual! Participate in 4-plus days of practice advancement, learning, and knowledge sharing, all from the comfort and safety of your home or office. Our exciting virtual experience will deliver more than 150 clinical and professional development sessions featuring research-based insights and practical advice, plus virtual versions of the Residency Showcase, Personnel Placement Service, posters, and exhibits <https://midyear.ashp.org/>

Headspace:

Available for ASHP members today! **Introducing Headspace—an exciting new member benefit!** Headspace is now the exclusive meditation and mindfulness app for ASHP members. With Headspace, you can learn the life-changing skills of meditation and mindfulness in just a few minutes a day. Choose from hundreds of guided exercises for any mood, listen to sleep casts and sleep sounds to help create optimal conditions for a better night's rest, and squeeze in bite-sized meditations during busy days. [Sign up today!](#)

Webinar:

The Grass(roots) is Always Greener: Maintaining Advocacy During a Pandemic (CE)

Thursday, Sept. 30, 2021

2:00 PM - 3:00 PM EDT

[https://register.gotowebinar.com/register/1816212206350943245?](https://register.gotowebinar.com/register/1816212206350943245?utm_source=homepage&utm_medium=ashpmemCtrl&utm_campaign=&utm_content=advocacy-pandemic-08052021)

[utm_source=homepage&utm_medium=ashpmemCtrl&utm_campaign=&utm_content=advocacy-pandemic-08052021](https://register.gotowebinar.com/register/1816212206350943245?utm_source=homepage&utm_medium=ashpmemCtrl&utm_campaign=&utm_content=advocacy-pandemic-08052021)

ASHP Summer Internship:

ASHP Offers a 10-week summer internship to their student members. In national Association management at ASHP headquarters in Bethesda, MD. Due December 31, 2020. For more information:

<https://www.ashp.org/Pharmacy-Student/Programs-and-Awards/ASHP-Summer-Internship>

FSHP UPDATES: A WORD FROM KATHY BALDWIN

What does the passing of the National Pharmacist Provider Status Bill mean for pharmacy as a profession?

A National Provider Status Bill will allow pharmacists to be added to the Social Security Act Section 1842(b)(18)(C). When this occurs, pharmacists will be able to join Physicians, Physician Assistants, Nurse Practitioners, Clinical Nurse Specialists, Certified registered nurse-midwives, Clinical social



workers, Clinical psychologists, Registered dietitians, and Nutrition professionals as Providers. These individuals, by virtue of being named in this section of the Social Security Act, are able to bill Medicare for cognitive services. Once added, pharmacists will be able to bill for cognitive services. This is especially important for ambulatory care pharmacists who assist physicians in managing chronic disease states such as hypertension, diabetes, and dyslipidemia. Currently, pharmacists are listed in another area of the Social Security Act which allows for Medicare reimbursement allows for

Medicare reimbursement only when a pharmacist dispenses a drug. If no drug is dispensed, a pharmacist cannot be reimbursed by Medicare. Medicare (National) Provider Status is very important because once Medicare adds pharmacists to the Social Security Act Section 1842(b)(18)(C), Medicaid (State) and commercial insurers will follow suit. This will usher in a new era for pharmacists and pharmacists' jobs.

The future of pharmacists' growth is in the outpatient setting and we are going to see more ambulatory care pharmacists working alongside physicians as part of a team to optimize drug therapy. Pharmacists will be able to bill for those services, which will create a more sustainable business model.

Why should student pharmacists get involved in this grass-roots effort?

The profession of pharmacy is changing and we are moving away from dispensing functions, due to automation, towards more cognitive functions. Students should understand this paradigm shift and prepare themselves for cognitive services through post-graduate residency training and board certification. Students should also engage in legislative advocacy to advance the profession of pharmacy at every opportunity. This is part of their professional identity formation. Carpe Diem and contact your legislator today!

STAY CONNECTED!

 [@FAMU SSHP](https://www.instagram.com/FAMU_SSHP)

 www.famusshp.com



DRUG INFO ANS: C